

台灣優律思美學校

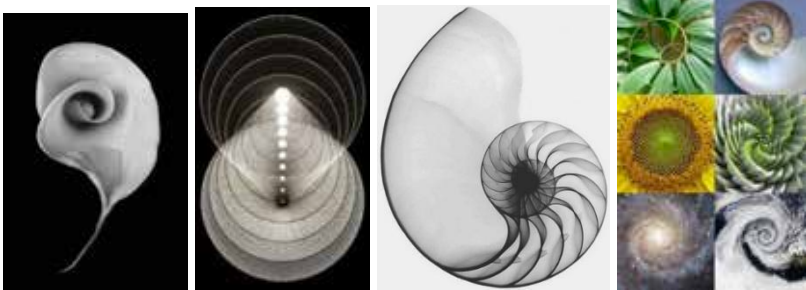
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The Study of the Major and Minor in the music

在音樂中大小調的探究



To understand a work of art is much like getting to know a person. When we listen deeply to music, we begin to sense the inner mood and story the composer seeks to convey—revealing not only the emotional landscape of the piece but also the character of the musician behind it. Through different tonalities, we experience varying qualities of atmosphere, much like a painter choosing specific colors to express their vision.

Unlike language, which is shaped by cultural and national boundaries and often requires shared knowledge to be understood, music transcends such limitations. It speaks directly to the human soul, allowing people from different countries, cultures, and even eras to resonate with its emotional essence without the need for translation. Music has the unique power to bypass the physical and temporal, touching our inner soul on a profound level.

By consciously observing the transformation between major and minor chords, and embodying these musical experiences through the art of eurythmy—where gesture and movement give visible form to sound—we begin to perceive music as living, visible expression. This new movement of art helps us move beyond the constraints of materialism and reconnect with the richness and truth of our inner experiences.

認識一個藝術作品，如同認識一個人一樣，從音樂之中，音樂家究竟想要透過這些音樂訴說著什麼樣的心境與故事？而更進一步，讓我們認識了音樂家的性格。而也透過這些不同調性的表達，體驗到不同的氛圍品質，如同畫家，想要用什麼樣的色彩來畫出一個作品。

音樂與語言有許多不同的地方，其中一點，便是，我們可能因為身處的國家與文化不同，因此我們在語言表達上面，便有了差距，甚至即使我們想說，都不見得能夠聽得懂。

但是音樂，卻並不需要得學會了音樂，才能夠感受到音樂；而是當音樂出現時，即使不同國家或是不同時代，都有機會能夠去呼應到我們心中的感受，我們可以穿越物質甚至時空的阻礙，去體驗到各個層面的情感。

當我們更加有意識地去觀察大調與小調所帶來的轉變，而我們也用優律思美中，這些藝術性的姿態與移動方式，來將音樂當中所聽見的，成為看得見的生命；我們將更能超越，對於物質主義所帶來的的困境，而更進一步去理解我們的內在體驗，是如此真實而且富足。