

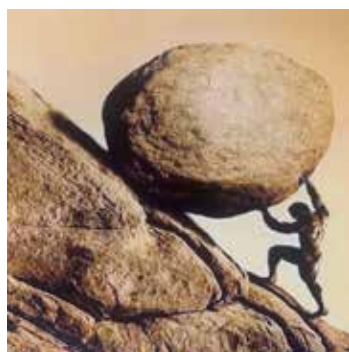
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The Dionysus Principle/ The Thinking, Feeling and will in movement



In this demonstration, we explore various forms—straight lines, curves, and their dynamic movements—can give visible expression to our inner soul forces: thinking, feeling, and willing. By embodying these gestures, we can begin to recognize and reflect the distinct qualities of each inner state. Eurythmy not only deepens our self-awareness, but can also be applied to everyday life, to the rhythm and imagery of Chinese poetry, and to the many shifting moods of human experience. Through

this art, we reveal the soul's unique colors and postures as they live and move through us.

在本次專題探究中，我們探索了各種形式——直線、曲線、曲線與直線以及移動的姿勢及狀態來表達我們內在重要的的心魂力量：思考、感覺和意志。透過這些姿態，我們更認識這三種內在狀態的獨特品質。優律思美不僅能加深我們的自我意識，還可以應用於日常生活、詩歌的節奏和意像以及生命經驗的多種感受變化。我們也揭示了靈魂在我們內在流動時獨特的色彩和姿態。