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Relationship between planets and the formation of internal organs in the human organism.

When I chose the theme for my paper, I wanted to research if there was a relationship between the planetary movements Rudolf Steiner gave for Eurythmists and the reproduction and migration patterns of cells during the embryological phase of development and their adult organization as physical organs in the human body.

Before coming into Eurythmy, I had been a dancer and Somatic Movement practitioner, and had looked for different ways of deepening into movement, finding the way of the awe in the human body's construction, self expressive movement and looking for the interaction between movement, others and the world.

From the perspective of somatic movement, I had found that the study of embryology through movement brought me closer to the possibility of experiencing the human body as a living entity, as a process, not something merely material. Through embodying and following such patterns of movement, the pathways of the original functioning, guided by imagination, I found the possibilities to reestablish deteriorated organic functions. In studying these patterns, that cannot fully be explained by materialistic western science, questions about our origin also arose in me: what or who guides all of these processes?

Then, through Anthroposophy I found a broad and detailed image of the way in which the human being is related to the cosmos, from the spiritual into what is physically manifest.

My wish for this research was to integrate the above mentioned and to find a direct relationship of planetary movements influencing the life movement of the organs. I found out that the relationships between planets and organs in formation were not as linear as I imagined them, but much more complex, as involving the physical, etheric, astral, soul and spiritual components of the human being, all coming from a cosmic origin and intertwined.

I have found in Eurythmy as a movement art and as an experiential study of anthroposophy, the possibility of coming to an experience of the truthful images that Rudolf Steiner shared. To realize that these "mysterious" patterns in the forming of the human body and those that planets and stars follow, are not from the realm of physical matter but due to interactions of living spiritual beings. These beings influence and are part of human development. As we approach the awareness of our cosmic origin, our body, the instrument for Eurythmy, becomes a living sacred entity.

The full paper is written in Spanish.