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Eurythmy India, India



Finding the meeting point between Indian Dance and Eurythmy

My brief study of both forms brought me to understand how much of an effect geography and time plays in the how an art form develops. The technique, the understanding of space, the spirituality in both forms – such a strong core for each and how they are performed is coloured by that. As a dear teacher mentioned:

“While one art is born out of the earth and acquires more from the earth and thereby transforms the performer and guides them towards the spiritual realm, the other in a way has birthed from the spiritual realm, descended onto the earth to transform it and thereby making it therapeutic in nature – for those watching as well as moving...”

