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Eurythmy India

The Eurythmy Figures – Light, Warmth and Activity

In my study I focussed on the Evolutionary Sequence (The 12 Consonants) and the 5 Pure Vowels (A E I O U). I observed & experienced each of the figures with respect to light, warm and activity. As an artistic activity I had creative writing - first I spoke to the Eurythmy figures ‘Ode to Eurythmy Figures” and then each of the Eurythmy figures spoke to me and through me as the free verse poetry. My intention for this study was to deepen my relationship to Eurythmy through the Eurythmy figures.

Here is a glimpse of my creative writing ...

ODE TO EURYTHMY FIGURES

You are my bestest Eurythmy teachers,

I'm so delighted that I found you,

My heart was always drawn to you,

Though my head didn't quite know you.

I'm willing to fall in love with you,

I'm willing to romance with you,

I'm willing to lose myself to you,

You enliven me, ignite a spark in me!