

## **Ghantu Dance and Eurythmy**

In my research and paperwork, I have tried finding the details of different aspects of Ghantu Dance which is the ancient dance in Nepal with the Ghantu dance I have also tried to study the Ghantu dance in relation to the elements of Eurythmy and anthroposophy.

My research is based on the interview of Ghantu Speaker which is quite special. As the Ghantu dance is heading towards extinction and it is difficult to get Ghantu Speaker or Guru, so I am quite fortunate to have this person Ghantu Speaker or Guru in my research. I am layout all my paperwork on his viewpoint of Ghantu dance of Nepal. Unfortunately due to Covid 19 I was not able to watch the live Ghantu dance. I have also spared some study of articles and books based on Ghantu dance. I also read the lecture by Rudolf Steiner on Dance and Eurythmy.

Ghantu dance has ancient qualities. It involved the tantric rituals. It has mantras. The dance started by the shepherd in the grief of the lost of their king in the war. The movements of Ghantu dance involves the qualities of the past which is transferred in the specific community of Nepal orally. The rituals of the Ghantu dance seems very spiritual elements involved. It actually seems to deal with the elemental beings of the nature as this is the dance of the specific community who are natural prayer or lover.

To do eurythmy is like being consciousness and it is the art for the future. To me Ghantu is extreme past and eurythmy is future. So if you see the movement of Ghantu then you see they move in their heel and eurythmy is all to do with toes. Ghantu dance is done with close eyes where as eurythmy is done with open eyes.

In both Ghantu and Eurythmy, speaker is essential. Without a speaker Ghantu is impossible to move which is also in speech eurythmy. Ghantu dance is move in the series of sounds like in eurythmy.

So before Rudolf Steiner gave eurythmy, after observing so many dances in Nepal I think Ghantu dance consists of spiritual elements. But the time and the need of the future Eurythmy is the art for the humanity of the world.

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