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**The Alphabet**

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The topic of my paper is how the alphabet is presented in eurythmy gestures and how these sounds are represented in an artistic eurythmy presentation.

As my starting point, the present viewpoints of linguistics regarding speech sounds are introduced. Following this introduction, and based on Rudolf Steiner's spiritual research, vowels and consonants are discussed in detail, as well the significance of the alphabet is studied. In the appendix of my thesis, a collection of quotes by Rudolf Steiner is compiled to support these arguments.

As a result of my research, I then present how the different vowels and consonants received their increasingly rich, experience-based soul and spiritual content. This process is discussed in chronological order, starting from the birth of eurythmy, leading to the creation of 'Eurythmy as Visible Speech' and 'Eurythmy as Visible Singing' lectures.

Finally, I provide an analysis of the poem *Téli éjszaka* ("Winter Night") by Hungarian poet Attila József, where my research focuses on the sounds of language used in the poem. As Rudolf Steiner advises eurythmists, one should start working on a poem in eurythmy only following a careful analysis of the text. He emphasizes that when one starts creating a speech eurythmy piece, one should pay special attention to what sounds that specific poem consists of. The attention paid to the sounds deepens the understanding and experience of the poem. The vowels and consonants guide and lead the eurythmist to the forms that are appropriate, and even help in getting to know the poet's whole oeuvre and their spiritual being.

