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Colours and Eurythmy Figures

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The birth of sounds is a miracle indeed. Getting to know the eurythmy figures belonging to each sound brought an understanding for me during the training, especially when I learnt about their colours. Colours make the display of sounds complete and we need to perceive three different colours, three different perspectives in them. Steiner indicates three colours in the case of each figure: a movement colour, a feeling colour, and a character colour.

My present paper is divided into two major parts: a study of colours in eurythmy and eurythmy figures themselves. Eurythmy is a lesser-known branch of art for many, so I considered it important to introduce it thoroughly from its beginnings, through the birth of the movements for the sounds, to finally arriving to colours and eurythmy figures.

Colours weave through our daily lives, one can even say we *need* them. For those with sight, it is almost impossible to imagine living in complete darkness without light or colour. It is only natural for us that colours are present in our lives. In nature, colours can be observed in all seasons, but spring and summer give the most of splendour to our eyes.

Rudolf Steiner spoke about colours in a completely different context. He talked about image and light colours which I present one by one in my thesis. Colours appear not only as objective phenomena appearing on the surface of objects. Rather, an observer must try to become one with colour and feel the inner movement of colour. Rudolf Steiner placed great emphasis on introducing colours and creating an experience of them in his performances. Goethe embarked on a journey of colour exploration and put colours in a whole new light. One may feel colours can truly speak to us when we are reading Goethe's lectures.

Steiner did not only display vocal sounds in colour, but also associated certain colours with the planets and zodiac signs. Among vowels, I chose and presented the 'I', 'A' and 'O' figures in detail: their display, colours, and the related internal images. Among consonants, I wrote in detail about the eurythmy figures of the L, M, N, P, Q, R sequence.

Finally, I concluded my thesis with a display of colours in stage eurythmy. I supplemented my work with the presentation of a total of five poems.