

Csípő, Lilla Fruzsina

csipo.lilla@gmail.com



Soul gestures, head- and feet postures in eurythmy

In my study I dealt with the role of zones and soul gestures in eurythmy.

In the poems I processed in my paper I examined how head- and feet postures can make performances more complex and vivid. During my work I realized how important the role of this field is among our artistic tools.