

Tone Eurythmy and the relation between man and music



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The experience of tone eurythmy with all that it entail within it as a language, asks for a special state of presence, one which is unique and rare and filled with mystery. I wanted to learn more on the subject of music and tone eurythmy so i could connect my personal experiences and questions during the training, with wider aspects of knowledge.

Through deepening the understanding on the origin of music as spiritual activity, its workings and manifestations, all through to the human being and the world around, comes to light the intimate relationship one has with music in ones inner being as his spiritual home and self. The musical element as it lives in all that exist as spiritual activity, although hidden to the normal consciousness and perception, is of such a quality that is still in a way very close in essence to its manifestation in the visible music made through musical instruments.

Approaching to tone eurythmy on those foundations, brings a special attitude towards it and the meaning of the artistic experience in music, as a bridge that can brings us to a closer union with a more whole and complete existence.

Learning how the gestures of tone eurythmy has risen out of the human being form, out of the movements and activities that as if stoped and solidified into form, brings a special point of view to the relationship with the creative spiritual world, and way of understanding of the journey and process of development of the human being, as coming from a spiritual existence into incarnation on the earth in matter. following the gestures of tone eurythmy is as if tracing the process of incarnation from the other direction, going from the end backwards to the beginning. this direction is a special one because its point of departure is the human being himself and can be experienced most intimately.

Through those two directions of knowledge and happenings , the world of spirit and its creative activity into form and matter in the physical world and man from one side, and the eurythmic movement as a human experience and expression aspiring to unveil that hidden activity from the other, came and widen questions of what can be wished for and experienced in the art of tone - Eurythmy.

