

# Encountering evil and transforming it through eurythmy

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All my life, since my consciousness was awakened as a teenager, the encounter with evil, in me and in the world, which is also me, has been a crucial issue in my life. Trying to work with this evil and change myself is a major impetus and struggle in my life.

I met eurythmy as a spectator while I was a child growing up in "Kfar- Raphael", an antroposophical community for social therapy, similar to Camphill, and didn't particularly like it... I met eurythmy again from a different position when I was working in the village years later. I joined there a small group of village workers, practicing eurythmy led by an "Orpheus" graduate, not without doubts and slight fear. Gradually, my doubts and fear became an inner joy when I discovered that this work allows me to encounter the deep layers of life and work within them, both on my self-being and also on my relationship with the world. That is why I decided to study full eurythmy training at "Orpheus".

Encountering evil and trying to transform it continued to be a major impetus throughout my training, so I chose it to be the subject of my finale assignment. We meet the world in his present state. In order to understand evil in its right context we must start from the beginning of the world, from the creative word. So I chose to start from this infinite "word", or logos, and how from infinity the finite world was created in the stages of the earth's development, also due to the action of the opposing entities, or as they are usually called - evil entities. Then I described the different activities of each of these entities: the Luciferian, the Ahrimanian and the Azorean and their role in the development of the earth and human. Then I wrote what a danger the activity of each of these entities brings or put to a person in our time, if he is not alert to it and not working to overcome it, or to deal with it properly. I then dealt with the question of the transgression of evil and redeeming it through the Manicheistic impulse. Then I have dealt with the polarization of life-form and the harmony between them as the expression of the relations between good and evil. Finally, I wrote about meeting the resisting or opposing entities while doing eurythmy. How while working with our body as an instrument and with others, when trying to be music or speech, we meet these entities, Opposing activity and what can we do, or must do' to overcome and transform them. I did this both from the perspective of Steiner's guidelines to eurythmy which he gave in his lectures, and from my own personal perspective from my experiences both in tone, and speech eurythmy work, guided by my teachers throughout my trainings.