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Photo :

Name of the eurythmy training: **Eurythmy Järna-China**

Title of your diploma work /written work :**Musicality in Poetry**

Abstract of graduation thesis :

Eurythmy is still in its infancy in China. I hope to deeply understand and study ancient Chinese poetry, combine Eurythmy with the long-established Chinese native culture, and Eurythmy truly take root in China, so that more Chinese people fall in love with Eurythmy. When I conceived it, the musicality of poetry became the subject of my graduation thesis. In Eurythmy, the musicality of poetry is expressed through vowels. This is the core of this article, and all opinions are focused on vowels.

First, I started to study from the definition of poetry, which has both sound and meaning, expressing the inner heart and soul of sound. Furthermore, from the perspective of psychology, I analyzed that poetry expresses human emotions, and also found the basis for the homology of poetry and music and dance. Then, from rhythm in Poetry (Including Inspiration from Dr. Steiner, six kinds of metres in traditional English poetry, such as iambic rhythm, and the rhyme of ancient Chinese poetry, and so on), and tone in Poetry demonstrate the external musical elements of poetry .

In the final conclusion, I added the view that "the musicality of poetry is not only expressed in the external musicality, but also in the internal musicality". That is to say, poetry presents emotional ups and downs and spiritual rhythm in subjective experience, and silent music and eternal silence in life space. The inner musicality seems to be invisible, but it is the sonata of emotion, the strumming of the heart, the circulation of the verve filled space in the process of life and time, and the singing of the melody filled with true feelings in the natural universe. So come to the conclusion, the musicality of poetry is the expression of inner feelings and feelings whether in rhythm or tone. Vowels are the direct expression of human emotions! The inner essence of the soul! Whether the external or internal beauty of music, is to assist the soul of the singing, the singing of the vowel is the musicality of poetry!