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Eurythmy Järna-China

A Wonderful Encounter with Choral Eurythmy



So what is music on earth? Why do animals make sounds when they are happy or not happy? So do humans. Sounds are so closely related to feelings. This is why people make sounds when they are happy. In the experience of pain you feel too much of yourself while we almost lose ourselves in the happiness.

The feeling of harmony is brought by the balance between happiness and pain, that is, to give up the happiness without pain. Fundamentally, the essence of music is human, and from music we can learn how to get rid of material things.

Eurythmy is drawn from the nature of the human organization, from the possibilities of movement prefigured in the human organism. Mr. Steiner summed it that the human organism on the one hand contains the musical element, which in fact is built into it, and on the other hand it contains music translated into movement, which may be said to form the anatomical, physiological starting point between the chest and the arms. This is the collar-bone. It is S-shaped truly a most wonderful bone. At one end it is connected with the human middle system, and at the other end (after making the S-form) it goes out towards the periphery, towards directing the movements of the arms and hands.

Eurythmy is singing through movement. It sings instead of dancing, and it is not pantomime. Anyone who imagines that instrumental music can sing has not really understood the true meaning of the eurythmy. Imagine one person in eurythmy expresses what the other person is singing, they are exactly the same thing. Anyone with spiritual vision will see the exact same movement in the singer's etheric, as if an elf perched on the singer's shoulder, making movements made by the eurythmist. Singing is nothing more than the same movement of the resonant etheric in the vocal organ, which is what can be performed by the physical organism in the eurythmy. Then we can undoubtedly wander in the etheric world, because the high quality of perceptual cognition will improve the final presentation of the whole choral eurythmy. The music art presented by the dancers of the eurythmy are both real and beautiful.

