



2021 DIGITAL

Eurythmy – Speech Formation – Eurythmy Therapy

Online – how is that possible?

Three-day working meeting in digital format

22th February 2021

Dear colleagues,

Our professional conference has been postponed to 2022, but we still want to engage in an active, creative exchange this year, as it is feasible this time: in digital format.

2021 DIGITAL: What will take place?

The format itself becomes the content:

Eurythmy, Speech Formation, Eurythmy Therapy Online – is this possible? How is it possible?

How does movement and language work on and through a screen? What has proven successful, what tips and tricks are there for teaching, seminars and training? In practical action and reflection, one's own experience can become a field of learning. If we consciously deal with the limits of our profession, we create new possibilities and perspectives.

Some lecturers with a wealth of experience in new media have already agreed to participate – and we look forward to further contributions from you!

2021 DIGITAL: How will it happen?

In the morning and evening – so that as many colleagues from all over the world can take part – an array of **courses** (in English or German) will be offered. Here you can deepen your knowledge on certain topics. Practical exercises and an exchange of experiences and/or methodological questions will complement each other. The courses will take place on all three days and build on each other.

In the afternoons, in the marketplace (60 minutes), people can talk about topics, report or offer something practical to participate in. Here you can also form discussion groups on specific issues. A Marketplace will take place once on one of the three days. Please consider contributing something here – it's a great opportunity to get into conversation and learn from each other worldwide this time!

The afternoon starts with a joint session for everyone:

On Wednesday 7 April, Robin Schmidt opens with a lecture:
 "On the Human Constitution in the Digital Age".
 This will be followed by an exchange in small groups.

On Thursday, 8 April, Stefan Hasler will speak on the topic:
 " Latest Topics and Findings on the Apollonian Course of Rudolf Steiner".
 This is followed by an exchange in small groups.

On Friday 9 April, Hana Adamcová will lead a public **discussion** with Matthias Girke, Georg Soldner and colleagues from eurythmy therapy.
 "100 years of eurythmy therapy – a question of health".

2021 digital overview

	Wednesday, 7.4.21	Thursday, 8.4.21	Friday, 9.4.21
8-9.30 MEZ	Course session morning	Course session morning	Course session morning
15-16.30 MEZ	Lecture and talk Robin Schmidt	Lecture and talk Stefan Hasler	Public talk Hana Adamcová and colleagues
17.30-18.30 MEZ	Marketplace Session	Marketplace Session	Marketplace Session
19.30-21 MEZ	Course session evening	Course session evening	Course session evening

The **courses** build on each other, so you choose one of the three-day courses at a time. Some of the courses are offered in the evening and in the morning, so that participants from all time zones can take part.

In the **marketplace** sessions, you can choose a different offer every day.

Courses such as Marketplaces are for a limited number of participants, the lecture units are open to all. In addition, there is a range of video clips with art insights and interviews that can be accessed at any time.

A detailed programme and registration details will follow at the beginning of March.

...and now it's your turn!

Please write us your topic requests and offers! And above all, tell us what you would like to contribute! – so that 2021 Digital will be as creative, colourful, lively and rich and networked as eurythmy, speech formation and eurythmy therapy are!

We look forward to hearing from you soon!

Hana Adamcová, Stefan Hasler, Hanna Koskinen,
 Ulrike Wendt, Michael Werner, Agnes Zehnter